

Sunday, Nov 27		Monday, Nov 28		Tuesday, Nov 29		Wednesday, Nov 30		Thursday, Dec 1		Friday, Dec 2		Saturday, Dec 3	
Time	Teams	Time	Team Practice	Time	Team Practice	Time	Team Practice	Time	Team Practice	Time	Team Practice	Time	Team Practice
		4:30 16 Reg 15 Reg 14 Reg 13 Reg 12 Reg		4:30 16 Travel		5:00 14 Reg 13 Reg 12 Reg		4:30 16 Travel*		5:00 16 Reg 15 Reg			
		5:30 16 Travel 6:30 15 Travel 7:30 18 Travel 17 Travel		7:00 18 Travel 17 Travel		6:00 15 Travel* 7:00 18 Nike		6:00 18 Travel** 17 Travel**		7:00 15 Travel			
		* Practices last 2 hours				* Strength before practice		* Strength after practice ** Strength before practice					
Sunday, Dec 4		Monday, Dec 5		Tuesday, Dec 6		Wednesday, Dec 7		Thursday, Dec 8		Friday, Dec 9		Saturday, Dec 10	
Time	Scrimmage	Time	Team Practice	Time	Team Practice	Time	Team Practice	Time	Team Practice	Time	Team Practice	Time	Team Practice
12:00	16 Reg 15 Reg 14 Reg 13 Reg	4:30 16 Reg 15 Reg 14 Reg 13 Reg 12 Reg		4:30 16 Travel		5:00 14 Reg 13 Reg 12 Reg		4:30 16 Travel*		5:00 16 Reg 15 Reg			
2:00	16 Travel 15 Travel	5:30 16 Travel 6:30 15 Travel 7:30 18 Travel 17 Travel		7:00 18 Travel 17 Travel		6:00 15 Travel* 7:00 18 Nike		6:00 18 Travel** 17 Travel**		7:00 15 Travel			
5:00	18 Travel 17 Travel	* Practices last 2 hours				* Strength before practice		* Strength after practice ** Strength before practice					
Sunday, Dec 11		Monday, Dec 12		Tuesday, Dec 13		Wednesday, Dec 14		Thursday, Dec 15		Friday, Dec 16		Saturday, Dec 17	
Time	Scrimmage	Time	Regional Selection	Time	Team Practice	Time	Team Practice	Time	Team Practice	Time	Team Practice	Time	Team Practice
12:00	16 Reg 15 Reg 14 Reg 13 Reg	4:30 16 Reg 15 Reg 14 Reg 13 Reg 12 Reg		4:30 16 Travel		5:00 14 Reg 13 Reg 12 Reg		4:30 16 Travel*		5:00 16 Reg 15 Reg			
2:00	16 Travel 15 Travel	5:30 16 Travel 6:30 15 Travel 7:30 18 Travel 17 Travel		7:00 18 Travel 17 Travel		6:00 15 Travel* 7:00 18 Nike		6:00 18 Travel** 17 Travel**		7:00 15 Travel			
5:00	18 Travel 17 Travel	* Practices last 2 hours				* Strength before practice		* Strength after practice ** Strength before practice					Serve-A-Thon Rescheduled
Sunday, Dec 18		Monday, Dec 19		Tuesday, Dec 20		Wednesday, Dec 21		Thursday, Dec 22		Friday, Dec 23		Saturday, Dec 24	
Time	Travel Selection	Time	Picture Day	Time	Picture Day	Time	Team Practice	Time	Team Practice	Time	Team Practice		
12:00	18 Travel 17 Travel	4:30 16 Reg 15 Reg 14 Reg 13 Reg 12 Reg		4:30 16 Travel		5:00 14 Reg 13 Reg 12 Reg		4:30 16 Travel*		5:00 16 Reg 15 Reg		Holiday Break >>>	
2:00	15 Travel	5:30 16 Travel* 6:30 15 Travel* 7:30 18 Travel* 17 Travel*		7:00 18 Travel 17 Travel		6:00 15 Travel* 7:00 18 Nike		* Strength after practice		6:00 18 Travel** 17 Travel**		Christmas Eve!	
4:00	16 Travel	* Practices last 2 hours				* Strength before practice		* Strength after practice ** Strength before practice		7:00 15 Travel			
								<b>NEW! Serve-A-Thon</b>	<b>NEW! Serve-A-Thon</b>	<b>NEW! Serve-A-Thon</b>			
Sunday, Dec 25		Monday, Dec 26		Tuesday, Dec 27		Wednesday, Dec 28		Thursday, Dec 29		Friday, Dec 30		Saturday, Dec 31	
Time	Team Practice	Time	Open Gym	Time	Open Gym	Time	Open Gym	Time	Open Gym				
Holiday Break >>>		Holiday Break >>>		Holiday Break >>>		Holiday Break >>>		Holiday Break >>>		Holiday Break >>>		Holiday Break >>>	
Merry Christmas!		4:00 14-12 Regional 6:00 17 Travel 8:00 18 Travel		4:00 16-15 Regional 6:00 15 Travel 8:00 16 Travel		4:00 14-12 Regional 6:00 17 Travel 8:00 18 Travel		4:00 16-15 Regional 6:00 15 Travel 8:00 16 Travel				New Years' Eve!	

Practice Notes:

- Regional teams will be selected no later than Dec. 12th. Teams may be selected earlier based on the size of the age group.
- Travel teams will be selected no later than Dec. 18th. Teams may be selected earlier based on the size of the age group.
- The practice schedule is subject to change. We will give notice if that occurs.

- Teams will practice together by age group through December. This is for team selection and our training program. Team practices will be divided in January.